lt_to_le_rw[12,41]

$\forall i, j{:}\mathbb{Z}.\ \{(i < j) \iff ((i{+}1) \leq j)\}$

ProofTree

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http://www.nuprl.org/FDLcontent/p0_942988_/p15_5342_{lt_to_le_rw}.html